

## cosmelan after care instructions

Client Information:	
Name:	Date: / /
Clinic Name:	
Practitioner:	Telephone:
Treatment Information:	
The cosmelan treatment mask will be applied i	n clinic.
The mask is to be left on the skin for	_ hours.
Please remove mask at PM	
Please mist skin every 2-3 hours with water wh	nile the mask is on during the day.
On completion of application time, remove cosmelan recovery cream. The next day continue	smelan 1 mask with lukewarm water and apply with the first 72 hours steps below.
•	esoestetic skincare products are to be used as best possible outcome but also minimise the
The homecare should be followed for up to six	months after the treatment
First 72 Hours Post Treatment:	
AM	PM
hydracream fusion     hydracream fusion	hydracream fusion     hydrate rice resist.
<ul><li>hydratonic mist</li><li>melan recovery</li></ul>	<ul><li>hydratonic mist</li><li>hydravital mask for 20 minutes</li></ul>
<ul> <li>mesoprotech melan 130 pigment control</li> </ul>	melan recovery
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1<sup>st</sup> to 3<sup>rd</sup> Month Post Treatment: according to Clinician's recommendation

AM	PM
<ul> <li>hydracream fusion</li> <li>hydratonic mist</li> <li>cosmelan 2 maintenance cream</li> <li>hydra-vital factor k</li> <li>melan recovery Please Note: If cosmelan 2 maintenance cream cannot be tolerated on its own, then it is mixed (equal amounts) with hydra-vital factor k followed by melan recovery</li> <li>mesoprotech melan 130 pigment control</li> </ul>	<ul> <li>hydracream fusion</li> <li>hydratonic mist</li> <li>Alternate night – apply hydravital mask for 20 minutes</li> <li>cosmelan 2 maintenance cream</li> <li>hydra-vital factor k</li> <li>melan recovery         Please Note: If cosmelan 2 maintenance cream cannot be tolerated on its own, then it is mixed (equal amounts) with hydra-vital factor k followed by melan recovery     </li> </ul>



Optional Step - From Week 6:

• ha densimatrix in the morning for additional hydration

Optional Step - Once cosmelan 2 maintenance cream is used only once a day:

• aox ferulic in the morning, to help boost results and enhance brightness

4<sup>th</sup> to 6<sup>th</sup> Month Post Treatment:

AM	PM
<ul> <li>hydracream fusion</li> <li>hydratonic mist</li> <li>hydra-vital factor k OR melan recovery</li> <li>mesoprotech melan 130 pigment control</li> </ul>	<ul> <li>hydracream fusion</li> <li>hydratonic mist</li> <li>cosmelan 2 maintenance cream</li> <li>hydra-vital factor k</li> <li>melan recovery Please Note: If cosmelan 2 maintenance cream cannot be tolerated on its own, then it is mixed (equal amounts) with hydra-vital factor k followed by melan recovery</li> </ul>

Additional Information:			